



Wakako TAKEDA Ph.D.

Education

2016, Australian National University
Ph.D. Population Health and Anthropology

2009, Waseda University
M.A. International Relations (specializing area studies and socio-cultural anthropology)

2007, Temple University
B.A. Liberal Arts with distinction (*Cum Laude*) Majors (Psychology and Asian Studies) Minors (Anthropology and History)

Employment & Primary appointment

May 2018-present, Assistant professor
Institute for Population and Social Research, Mahidol University, Thailand

Oct 2016-May 2018, Lecturer
Institute for Population and Social Research, Mahidol University, Thailand

Jul 2011-Jun 2013, Research associate
National Institute of Health and Nutrition, Japan

Aug 2009-Jun 2011, Research assistant
National Institute of Health and Nutrition, Japan

Secondary appointment

Sep 2018-present, Visiting scholar
Department of Anthropology, University of Delaware, USA

Jan 2017-present, Part-time lecturer
Mahidol University International College, Thailand

December 2018, Visiting scholar
School of Language and Cultures, University of Sydney, Australia

Jan 2016-Dec 2016, Visiting lecturer
Mahidol University International College, Thailand

Aug 2012-Jan 2013, Visiting researcher
Graduate School of Asia-Pacific Studies, Waseda University, Japan

Areas of interest

- Cultural anthropology
- Population health
- Food and nutrition
- Social and cultural determinants of health
- Everyday life practices
- Social Research Methodology (Qualitative, Quantitative, & Mixed Methods research)

Contact info

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8mkZIGIAAAAJ&hl=en](https://www.researchgate.net/profile/Wakako_Takeda)

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Takeda](https://www.researchgate.net/profile/Wakako_Takeda)

Research Project

- International experiences of childhood overweight and obesity policies, *Principal investigator* (May 2019-present, funded by Thai Health Promotion Foundation)
- Advance happy family 4.0 for employed people in Thailand, *Researcher* (Oct 2018-Sep 2021, funded by Thai Health Promotion Foundation)
- Consumption of non-alcoholic beverages in Bangkok metropolitan area, *Principal investigator* (August 2017-present, funded by Mahidol University)
- External assessment of the strategic plans for the development of health workforce education in the 21st century (2014-2018) in Thailand, *External assessor & Principal investigator of key informant interviews* (September 2017-December 2018, funded by the National Health Professional Education Foundation & Thai Health Promotion Foundation)
- Ten year assessment of Prince Mahidol Award Conference, *Researcher* (September 2016-April 2017, funded by World Health Organization South-East Asia Regional Office)
- Socio-cultural determinants of commensality and solo-eating: a cross-cultural analysis, *Principal investigator* (July 2011-June 2016, funded by National Centre for Epidemiology and Population Health & The Konosuke Matsushita Memorial Foundation)
- Commensality and solo-eating among university students in South Korea and Japan, *Co-investigator* (July 2011-June 2013, funded by Japan Society for the Promotion of Science)
- Consensus analysis of cultural domains related to Shokuiku, *Research assistant* (June 2009-June 2011, funded by National Institute for Health and Nutrition)

Selected Publication

Peer-reviewed journal **Corresponding author*

Takeda, W.*, Melby, M. & Ishikawa, Y. (2018). Who eats with family and how often? Household members and work styles influence frequency of family meals in urban Japan. *Appetite*. 125, 160-171. <https://doi.org/10.1016/j.appet.2018.02.011>.

Takeda, W.*, & Melby, M. (2017). Spatial, temporal, and health associations of eating alone: A cross-cultural analysis of young adults in urban Australia and Japan. *Appetite*. 118, 149-160. <https://doi.org/10.1016/j.appet.2017.08.013>.

Takeda, W.*, Melby, M. & Ishikawa, Y. (2017). Food education for whom? Perceptions of food education and literacy among dietitian and lay people in urban Japan. *Food Studies: An Interdisciplinary Journal*. 7(4), 49-66. <https://doi.org/10.18848/2160-1933/CGP/v07i04/49-66>.

Takeda, W.*, Banwell, C., & Dixon, J. (2016). Advancing Food Sovereignty or Nostalgia: The construction of Japanese diets in the national Shokuiku policy, *Anthropological Forum*, 26 (3), Special Issue: Food Sovereignty and the Anthropology of Food: Ethnographic Approaches to Policy and Practice, 276-288. <https://doi.org/10.1080/00664677.2016.1190918>

Cho, W., **Takeda, W.***, Oh Y., Aiba, N., & Lee, Y. (2015). Perceptions and practices of commensality and solo-eating among Korean and Japanese university students: A cross-cultural analysis. *Nutrition Research and Practice*, 9(5), 523-529. <https://doi.org/10.4162/nrp.2015.9.5.523>

Yiengprugsawan, V., Banwell, C., **Takeda, W.**, Dixon, J., Seubsman, S., & Sleigh, A. (2015). Health, happiness, and eating together: What a large Thai cohort study tell us? *Global Journal of Health Science*, 7(4), 270-277. <http://dx.doi.org/10.5539/gjhs.v7n4p270>

Melby, M. & **Takeda, W.** (2014). Lifestyle constraints, not inadequate nutrition education, cause gap between breakfast ideal and reality among Japanese in Tokyo. *Appetite*, 72, 37-49. <https://doi.org/10.1016/j.appet.2013.09.013>

Book chapter

Takeda, W., Banwell, C, Setiloane, K.T., & Melby, M. (2018). Intersection of Food and Culture: Case studies of sugar and meat from Australia, Japan, Thailand, and Nigeria. In Karpyn, A. (ed). *Food and Public Health: A Practical Introduction* (pp.281-316). New York: Oxford University Press. <https://doi.org/10.1093/oso/9780190626686.001.0001>.

Dixon, J., **Takeda, W.**, Kelly, M., Banwell, C., & Seubsman, S. (Invited/In press). *Two approaches to health promoting food systems: Thailand and Japan*. In Lin, V., Fawkes, S., Engelhardt, K., & Mercado, S. (eds), *Health promotion systems and strategies in Asia: Preparing for the Asia century*. Springer.

Thesis

Takeda, W. (2016). *Reconsidering individualisation of eating: a cross-cultural analysis on determinants of commensality and solo-eating* (PhD thesis, Australian National University).

Available from <https://openresearch-repository.anu.edu.au/handle/1885/101431>

Teaching

Postgraduate

- Qualitative Research Methodology, *Course coordinator & Lecturer* (2018-present)
- Social Research Methodology, *Course coordinator & Lecturer* (2019-present)
- Advanced Research Methodology (Qualitative & mixed methods research sections), *Lecturer* (2018-present)
- Research Methodology for Health Technology Assessment (Qualitative & mixed methods research sections), *Lecturer* (2018-present)
- Migration & Health (Public health theories & social determinants of health), *Lecturer* (2018)
- Advanced Mortality (Demographic transition & social determinants of health), *Lecturer* (2018)
- Substantive Demography (Family demography section), *Lecturer* (2018)

Undergraduate

- Regional Studies (Culture & society sections), *Lectuer* (2017-2018)
- Population and Development, *Lecturer* (2018)
- Elementary Japanese I, II, III, *Lecturer* (2016, 2018 & 2019)

Pre-tertiary

- Mathematics for elementary and secondary students to Canberra Japanese Supplementary School Inc., Canberra, Australia (2013-2015)
- Japanese language for elementary and secondary students to Canberra Japanese Supplementary School Inc., Canberra, Australia (2013-2015)
- Japanese language and culture for pre-school children to Canberra Japan Club Japanese Language Kindergarden, Canberra, Australia (2013-2015)

Thesis advisory committee

- Ms. Naw Kyi Pyar, Factors associating with under-nutrition among under-five children in Myanmar (Master of Arts in Population and Sexual and Reproductive Health), *Main advisor* (Jan 2019-present)

Academic Service

Editor

Journal of Population and Social Studies (2018-present)

Ad-hoc reviewer

Appetite; International Journal of Environmental Research and Public Health; Western Journal of Nursing Research; Nutrition Research and Practice; Food Studies: An Interdisciplinary Journal; Journal of Population and Social Studies

Member

PhD Demography Program, (2016-present)

Australian Food, Society and Culture Network (2013-present)

Updated on 18 April 2019