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Meranti Timur Dalam IV/35
Banyumanik, Semarang, Central Java,
50267, Indonesia

EDUCATION

Institute for Population and Social Research, Mahidol University
2013 – 2018 PhD Program in Demography
2007 – 2008 Sandwich Program in Sexual and Reproductive Health

Faculty of Public Health, Diponegoro University, Indonesia
2007 – 2009 Master's Program in Health Promotion
1997 – 2002 Bachelor's in Public Health

TEACHING

**Ph.D. Program in Applied Demography and Social Research
(International Program)**

PRDE 664. Family Demography
PRDE 703. Social Theories for Demography
PRDE 690. Social Determinants of Health

**M.A. Program in Population and Sexual and Reproductive Health
(International Program)**

PRPR 557. Seminar on Population and Sexual and Reproductive Health
PRPR 556. Perspectives and Key Issues in Sexual and Reproductive Health

Undergraduate Program

PRPR 101. Population and Development

RESEARCH

Development of tools to measure physical activity for children in
Thailand [2021 – present]
Role: Principal Investigator

Development of Thailand Physical Activity Knowledge Development
Centre (TPAK) [2021 – present]
Role: Researcher

RESEARCH (Continued)

Thailand's Surveillance on Physical Activity [2021 – present]

Role: Researcher

Funding by Thai Health Promotion

Project to Study the Area-Based Education Mechanism for designing an Effective Supporting and Communication System [2021 – present]

Role: Researcher

PUBLICATION

Katewongsa, P., Yousomboon, C., Haemathulin, N., Rasri, N., & **Widyastari, D. A.** (2021). Prevalence of sufficient MVPA among Thai adults: pooled panel data analysis from Thailand's surveillance on physical activity 2012–2019. *BMC public health*, 21(1), 1-12.

Okely, A. D., Reilly, J. J., Tremblay, M. S., Kariippanon, K. E., Draper, C. E., El Hamdouchi, A., ... & **Widyastari, D. A.** (2021). Cross-sectional examination of 24-hour movement behaviours among 3-and 4-year-old children in urban and rural settings in low-income, middle-income and high-income countries: the SUNRISE study protocol. *BMJ open*, 11(10), e049267.

Katewongsa, P., **Widyastari, D. A.**, Saonuam, P., Haemathulin, N., & Wongsingha, N. (2021). The effects of the COVID-19 pandemic on the physical activity of the Thai population: evidence from Thailand's Surveillance on Physical Activity 2020. *Journal of sport and health science*, 10(3), 341-348.

Katewongsa, P., Pongpradit, K., & **Widyastari, D. A.** (2021). Physical activity level of Thai children and youth: Evidence from Thailand's 2018 report card on physical activity for children and youth. *Journal of Exercise Science & Fitness*, 19(2), 71-74.

Widyastari, D. A., Saonuam, P., Rasri, N., Pongpradit, K., & Katewongsa, P. (2021). Prevalence and Trends of Physical Activity in Thai Children and Young People: Pooled Panel Data Analysis from Thailand's Surveillance on Physical Activity 2012–2020. *International Journal of Environmental Research and Public Health*, 18(19), 10088.

Katewongsa, P., Potharin, D., Rasri, N., Palakai, R., & **Widyastari, D. A.** (2021). The Effect of Containment Measures during the Covid-19 Pandemic to Sedentary Behavior of Thai Adults: Evidence from Thailand's Surveillance on Physical Activity 2019–2020. *International Journal of Environmental Research and Public Health*, 18(9), 4467.

Widyastari, D. A., Isarabhakdi, P., Vapattanawong, P., & Völker, M. (2020). Marital Dissolution in Postmodern Java, Indonesia: Does Early Marriage Increase the Likelihood to Divorce?. *Journal of Divorce & Remarriage*, 61(8), 556-573.

Widyastari, D. A. (2020). Understanding community's behavioral responses towards Covid-19: Who comply, who don't and reasons of in compliance. *GHMJ (Global Health Management Journal)*, 4(1), 1-4.

Widyastari, D. A. (2020). Revisiting the New Indonesia's Marriage Act 2019: will it be effective to prevent adolescent marriage. *Insights in Public Health Journal*, 1(1), 3-7.

Katewongsa, P., **Widyastari, D. A.**, Choolers, P., & Iamyam, W. (2020). 'Does the community use the built environment?' Assessing the utilization of healthy space model in bridging physical activity inequalities for the Thai population. *Human Geographies*, 14(1), 107-123.

Widyastari, D. A., Isarabhakdi, P., & Shaluhayah, Z. (2020). Intergenerational patterns of early marriage and childbearing in Rural Central Java, Indonesia. *Journal of Population and Social Studies [JPSS]*, 28(3), 250-264.

Widyastari, D. A., Isarabhakdi, P., Vapattanawong, P., & Völker, M. (2019). Rethinking early childbearing in Indonesia: is it preceded by a premarital first birth?. *International journal of adolescent medicine and health*.

Putra, I. G. N. E., Astuti, D., **Widyastari, D. A.**, & Phuengsamran, D. (2018). Prevalence and determinants of condom use among male adolescents in Indonesia. *International journal of adolescent medicine and health*.

Katewongsa, P., **Widyastari, D. A.**, Choolers, P., & Yousomboon, C. (2018, October). Association between age, sex and physical activity pattern among Thai population. In *JOURNAL OF PHYSICAL ACTIVITY & HEALTH* (Vol. 15, No. 10, pp. S138-S138). 1607 N MARKET ST, PO BOX 5076, CHAMPAIGN, IL 61820-2200 USA: HUMAN KINETICS PUBL INC.

Astuti, D. A., Hidayat, A., Humaira, R. Z., **Widyastari, D. A.**, & Sinaga, D. M. (2017). Accessibility to Media and Its Relation to Stigmatization toward Lesbian-Gay-Bisexual and Transgender (LGBT) Individuals: a Study among 2nd Year Midwifery Students in Yogyakarta, Indonesia. *Journal of Health Research*, 31(4), 263-269.

Saonum, P., Rasri, N., Pongpradit, K., **Widyastari, D. A.**, & Katewongsa, P. (2018). Results from Thailand's 2018 report card on physical activity for children and youth. *Journal of Physical Activity and Health*, 15(s2), S417-S418.

Santoso, H. Y. D., Supriyana, S., Bahiyatun, B., Widyawati, M. N., Fatmasari, D., Sudiyono, S., ... **Widyastari, D. A.** & Sinaga, D. M. (2017). Android application model of "suami siaga plus" as an innovation in birth preparedness and complication readiness (BP/CR) intervention. *Journal of family & reproductive health*, 11(1), 30.

Hakimi, M., Raden, A., Pratiwi, C. S., Nurhidayati, E., Sinaga, D. M., & **Widyastari, D. A.** (2017). Transforming Growth Factor Beta 1 (TGF-Beta 1) in Vaginal Incisional Wound Healing in Rats: Responses to Pegagan (Centella Asiatica) Leaves Extract. *Journal of Health Research*, 31(4), 255-261.

Shaluhayah, Z., Suryoputro, A., **Widyastari, D. A.**, & Widiyati, S. (2016). Health status and psychological well-being of children infected and affected with HIV in Central Java Indonesia. *Journal of Health Research*, 30(6), 401-410.

Widyastari, D. A., & Isarabhakdi, P. (2016). Suharto's population policy in contemporary Indonesia: family planning program, marriage act or compulsory education has the greatest impact to fertility decline?. *Public Health of Indonesia*, 2(2), 40-46.

Astuti, D. A., Hakimi, M., Astuti, A. W., **Widyastari, D. A.,** & Sinaga, D. M. (2016). FEMALE SEX WORKERS' ATTITUDES TOWARD HIV TESTING: A STUDY AMONG INDIRECT SEX WORKERS IN BANTUL, YOGYAKARTA, INDONESIA. *Belitung Nursing Journal*, 2(6), 146-155.

Widjanarko, B., **Widyastari, D. A.,** Martini, M., & Ginandjar, P. (2016). How do laboratory technicians perceive their role in the tuberculosis diagnostic process? A cross-sectional study among laboratory technicians in health centers of Central Java Province, Indonesia. *Psychology research and behavior management*, 9, 237.

Widyastari, D. A., Isarabhakdi, P., & Shaluhayah, Z. (2015). "Women Won't Get Pregnant with one Sexual Intercourse" Misconceptions in Reproductive Health Knowledge among Indonesian Young Men. *J Health Res* vol, 29(1).

Widyastari, D. A., Shaluhayah, Z., & Widjanarko, B. (2011). Urinating after sexual intercourse prevents pregnancy: adolescents' misconceptions of reproductive health knowledge. *Jurnal Kesehatan Reproduksi*, 1(2), 102-112.

Widyastari, D. A., Shaluhayah, Z., & Widjanarko, B. (2010). Adolescents in peril: Internet and other factors influencing adolescents' sexual attitudes. *Jurnal Kesehatan Reproduksi*, 1(1), 1-13.