

NUCHARAPON LIANGRUENROM

Lecturer, PhD

RESEARCH INTERESTS:

- Movement Behaviours including Physical Activity, Sedentary Behaviour, and Sleep
- Time Use Epidemiology
- Health Promotion
- Compositional Data Analysis
- Systematic Review

ACHIEVEMENTS

- Awarded the Victoria University Medal for Academic Excellence in Research
- Awarded the Victoria University Active Living and Public Health Research Scholarship
- Awarded High Distinction in Master Degree, California State University

ACADEMIC EDUCATION

Victoria University, Melbourne

Doctor of Philosophy (Public Health)

- August 2016 to June 2020
- VU Medal for Academic Excellence
- Treasurer of VU Postgraduate Association

California State University, Fresno

Master of Arts (Linguistics)

- January 2008 to May 2009
- High Distinction

Thammasat University, Bangkok

Bachelor of Arts (Linguistics)

- June 1998 to March 2002
- Distinction

CONTACT INFO:

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EMPLOYMENT BACKGROUND

Lecturer

Institute for Population and Social Research | Mahidol University
October 2019 - Present

Research Assistant

Institute for Population and Social Research | Mahidol University
October 2012 - September 2019

Research Fellow

International Health Policy Program | Ministry of Public Health
May 2015 - August 2016

PUBLICATIONS:

- Kanchanajittra M, **Liangruenrom N**. Too few births?: A review of policy responses. In: Vorasiriamorn, Y., Rittirong, J., Chuanwan, S., Hunchangsith, P. (Eds.), IPS R Annual Report 2014 : Birth and Security in Population and Society. Salaya, Thailand: Institute for Population and Social Research. 2014.
- Chuenglersiri P, Suttikasem K, **Liangruenrom N**. Violence against pregnant women and its impact on childbirth condition. In: Vorasiriamorn, Y., Rittirong, J., Chuanwan, S., Hunchangsith, P. (Eds.), IPSR Annual Report 2014: Birth and Security in Population and Society. Salaya, Thailand: Institute for Population and Social Research. 2014.
- Topothai T, Chandrasiri O, **Liangruenrom N**, Tangcharoensathien V. Renewing commitments to physical activity targets in Thailand. *The Lancet*. 2016;388(10051): 1258-1260.
- Topothai T, **Liangruenrom N**, Topothai C, Suriyawongpaisan W, Limwattananon S, Limwattananon C, et al. How Much Energy Expenditure Thai adults spent in Physical Activities: an analysis from GPAQ data of the 2015 National Health and Welfare Survey. *Journal of Health Systems Research*. 2017;11(3):327-344.
- **Liangruenrom N**, Topothai T, Topothai C, Suriyawongpaisan W, Limwattananon S, Limwattananon C, et al. Do Thai People Meet Recommended Physical Activity Level?: The 2015 National Health and Welfare Survey. *Journal of Health Systems Research*. 2017;11(2):205-20.
- Tuangratananon T, **Liangruenrom N**, Topothai T, Topothai C, Limwattananon S, Limwattananon C, et al. Differences in physical activity levels between urban and rural adults in Thailand: findings from the 2015 National Health and Welfare Survey. *Journal of Health Systems Research*. 2018;12(1):27-41.
- **Liangruenrom N**, Suttikasem K, Craike M, Bennie JA, Biddle SJH, Pedisic Z. Physical activity and sedentary behaviour research in Thailand: a systematic scoping review. *BMC Public Health*. 2018;18(1):733.

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LECTURER, PHD

TEACHING:

2020 - Present

Doctor of Philosophy in Population and Social Research (Thai program)

- PRPR 702 Seminar in Population and Social Research
- PRPR 710 Advance Qualitative Research in Population and Social Research

Master of Arts in Population and Social Research (Thai program)

- PRPR 629 Seminar in Population and Social Research
- PRPR 586 Data Management and Survey Data Analysis For Social Science Research

PUBLICATIONS (CON):

- **Liangruenrom N**, Craike M, Biddle SJH, Suttikasem K, Pedisic Z. Correlates of physical activity and sedentary behaviour in the Thai population: a systematic review. BMC Public Health. 2019;19(1):414.
- **Liangruenrom N**, Craike M, Dumuid D, Biddle SJH, Tudor-Locke C, Ainsworth B, Jalayondeja C, van Tienoven TP, Lachapelle U, Weenas D, Berrigan D, Olds T, Pedisic Z. Standardised criteria for classifying the International Classification of Activities for Time-Use Statistics (ICATUS) activity groups into sleep, sedentary behaviour, and physical activity. International Journal of Behavioral Nutrition and Physical Activity. 2019; 16:106.
- **Liangruenrom N**, Dumuid D, Craike M, Biddle SJH, Pedisic Z. Trends and correlates of meeting 24-hour movement guidelines: a 15-year study among 167,577 Thai adults. International Journal of Behavioral Nutrition and Physical Activity. 2020; 17(1):106.
- **Liangruenrom N**, P&P health promotion & disease prevention. 1st ed. Nakhon Pathom: Institute for Population and Social Research, Mahidol University with National Health Security Office. 2021.
- Perrodin DD, **Liangruenrom N**, Chanchaoren S. Lasting effects of Foreign Language Anxiety with adults working in international organizations. PASAA. 2022; 63, 254-278.
- Satchanawakul N, Kanchanachitra M, **Liangruenrom N**, Satchanawakul N. The economic impacts of COVID-19 lockdown on low-income older people in Thailand. Australasian Journal on Ageing. 2022.
- **Liangruenrom N**, Dumuid D, Pedisic Z. Physical activity, sedentary behaviour, and sleep in the Thai population: A compositional data analysis including 135,824 participants from two national time-use surveys. PLoS ONE. 2023;18(1 January).
- **Liangruenrom N**, Information System for Information Management in the National Health Security System. 1st ed. Nakhon Pathom: Institute for Population and Social Research, Mahidol University with National Health Security Office. 2022.

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